

### **Roasted Almond.**

2 cups Almonds rinsed and drained

Place on cook sheet (oil not necessary)

Bake at 350 degrees checking and flipping every 5 minutes until desired roasted. Careful not to burn. I taste often and when the oven is preheated it takes me about 15 minutes.

### **Almond Butter**

Place the roasted almonds in food processor with blade and turn on high until smooth. (Can use the blender, but be careful not to burn up motor.) Store covered in the refrigerator.